

# Developing a Psychic Skin: Implications of Infant Observation Research for Clinical Care

## ABSTRACT

“Psychic skin” denotes the psychological boundary between inner and outer worlds. Developing a psychic skin is a task of early life. Dr. Brian Feldman will present case material showing the development of psychic skin and its implications for clinical care. The emergence of primary (healthy) and secondary (defensive) functions of the psychic skin will be viewed through the lens of infant observation research. Using multicultural videos and artwork from adult patients, Feldman will correlate infant development with adult primitive mental states typically experienced in the clinical setting. This workshop will use a variety of educational methodologies including lecture, video, artwork and group discussion.

## PRESENTERS

**Brian Feldman, PhD**, is on the training faculties of the Inter-Regional Society of Jungian Analysts and The C. G. Jung Institute of San Francisco, where he is helping to develop both the newly created infant observation and the child-adolescent analytic training programs. He is also a visiting professor at the State Academic University in Moscow (Russia) where he directs infant research and infant observation studies. He is on the Scientific Committee of the International Association of Infant Observation Seminar Leaders-Esther Bick Method.

He has recently started to teach infant observation and child-adolescent analysis in an on-going way in China, working with the International Association for Analytical Psychology (IAAP) as a trainer for the child-adolescent and developmental components of its China training. His research is primarily in the area of Jungian Developmental Psychology.

**Nydia Lisman-Pieczanski, MD**, is a British-trained psychoanalyst in private practice in Washington, DC. Trained by Esther Bick and Martha Harris in London, she is the founding chair of the Infant and Young Child Observation and Early Intervention Training Program at the Washington School of Psychiatry and has been leading Infant Observation seminars since 1990 in Washington. She is on the faculty (and a member) of the Washington Center for Psychoanalysis.

Target Audience: Those interested in learning about recent developments and conducting research into the clinical application of psychodynamic approaches: a) psychiatrists, psychoanalysts, child and adolescent psychiatrists, other physicians, residents and fellows; b) psychologists, interns and students of psychology; c) social workers, students of social work; d) allied professionals and students. For clinicians, this is an advanced level seminar and targeted for those with at least one year experience working with clients.

## AGENDA

### Morning Session

8:15 – 8:30	<b>Registration</b>
8:30 – 8:45	<b>Welcome and Introductions</b>
8:45 – 10:00	<b>Conceptual Framework for Psychic Skin</b>
10:00 – 10:15	<b>Break</b>
10:15 – 12:00	<b>Infant Video</b>

### Afternoon Session

12:00 – 1:30	<b>Lunchtime Discussions</b>
1:30 – 2:45	<b>Case Presentations</b>
2:45 – 4:00	<b>Group Summary Presentation</b>
4:00 – 4:30	<b>Summary and Adieu</b>

# Developing a Psychic Skin: Implications of Infant Observation Research for Clinical Care

**Brian Feldman, PhD**  
Jungian Psychoanalyst  
Palo Alto, CA

Sunday, February 3, 2013 | 8:15 AM – 4:30 PM

Hosted by The George Washington School of Medicine and Health Sciences, Department of Psychiatry and Behavioral Sciences  
The George Washington University Hospital • Hospital Auditorium  
900 23<sup>rd</sup> Street, NW (23<sup>rd</sup> and I Streets, NW) • Washington, DC

**20th Annual Research Conference**  
CONSORTIUM FOR PSYCHOANALYTIC RESEARCH, INC.  
www.cprindc.org  
Jointly sponsored by Jungian Analysts of Washington Association  
The American Academy of Psychoanalysis and Dynamic Psychiatry  
American Association for Psychoanalysis in Clinical Social Work

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**20th Annual Conference**  
*...where research and practice meet*

PO Box 40612 Palisades Station  
Washington, DC 20016-0612



## PROGRAM OBJECTIVES

At the conclusion of the conference, the participant should be able to:

- List examples of the applicability of infant observation for psychotherapy with child, adolescent and adult patients.
- Apply the concept of inter-rater reliability.
- Describe the relationship between the primary and secondary functions of the skin to contemporary psychodynamic theories such as attachment theory and object relations approaches.
- Use concepts of primary and secondary skin in his or her clinical work, particularly with patients who present with somatic disorders.
- Identify attachment style difficulties encountered in clinical work.

## ADDITIONAL FACULTY

**Sheila Hafter Gray, MD\***, is a Teaching Analyst in the Baltimore Washington Institute for Psychoanalysis and an Adjunct Professor of Psychiatry at the Uniformed Services University of the Health Sciences. She is a founder and trustee of CPRinc.

**Linda Smoling Moore, PhD**, is a clinical psychologist in private practice in Bethesda, Maryland. She is president of the Washington Professionals for the Study of Psychoanalysis, a local chapter of Division 39 (Psychoanalysis) of the American Psychological Association and a trustee of CPRinc. She practices Davanloo's Intensive Short-Term Dynamic Psychotherapy and offers audiovisual presentations on the same, as well.

\*Disclaimer: The opinions or assertions expressed at this conference are the private views of the presenter and are not to be construed as official or as reflecting the views or policies of the Department of Defense or any of its affiliated institutions.

## CHAIRPERSON

**Kathryn Cook-Deegan, Diplomate**, is president of CPRinc and current representative of the Jungian Analysts of Washington Association to CPRinc. She is a Zurich-trained Jungian psychoanalyst in private practice in Washington, DC with a special interest in the interface between soma and psyche, body and soul. In December 2012, she will present a lecture and workshop to the Jung Society of Washington: *A Jungian Circumambulation of a World Gone Fat: The Essential vs. the Expedient*.

## THE CONSORTIUM

The Consortium for Psychoanalytic Research, Inc. (CPRinc) is a District of Columbia not-for-profit corporation. It represents twelve Baltimore-Washington organizations that are interested in building bridges between clinicians and clinically relevant research. It fosters research on psychoanalytic therapies that enhance effective treatment processes and outcomes. Under its auspices, psychoanalytic research meets practice. For 20 years, CPRinc has sponsored annual conferences to bring researchers and clinicians together, to share data and ideas, to better serve our constituents.

## CONSORTIUM MEMBERS

American Society of Psychoanalytic Physicians	Washington Center for Psychoanalysis
Association for Psychoanalytic Thought	Washington Professionals for the Study of Psychoanalysis
Baltimore-Washington Center for Psychoanalysis	Washington Psychiatric Society
Greater Washington Society for Clinical Social Work	Washington School of Psychiatry
Institute for Contemporary Psychotherapy and Psychoanalysis	<i>In cooperation with the American Academy of Psychoanalysis and Dynamic Psychiatry and American Association for Psychoanalysis in Clinical Social Work.</i>
International Psychotherapy Institute	
Jung Society of Washington	
Jungian Analysts of Washington Association	

## FINANCIAL DISCLOSURES

All faculty members have returned financial disclosure forms.

Faculty members with no disclosures: K. Cook-Deegan, B. Feldman, S. Hafter Gray, N. Lisman-Pieczanski, L. S. Moore

Faculty members making disclosures: none.

All members of the Program Committee have signed financial disclosure forms indicating no disclosures: Kathryn Cook-Deegan, Diplomate, Chairperson; Susan Gibbons, PhD, LCSW-C; Sheila Hafter Gray, MD; Gordon Kirschner, MD; Deborah S. Marks, MSW, LCSW-C; Angela C. Martin, DNP, APRN; Linda Smoling Moore, PhD; Gerald P. Perman, MD, Reporter; Rachel Z. Ritvo, MD; Erminia Scarcella, MD, DLFAPA; Caroline Sehon, MD

## CONTINUING EDUCATION CREDITS

**For Physicians:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Psychoanalysis and Dynamic Psychiatry and Consortium for Psychoanalytic Research, Inc. The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only credits commensurate with the extent of their participation in the activity.

**For Psychologists:** 6 CE credits will be awarded. The Jungian Analysts of Washington Association (JAWA) is approved by the American Psychological Association to sponsor continuing education for psychologists. JAWA maintains responsibility for this program and its content.

**For Social Workers:** 6 hours of Category 1 credit will be awarded by the American Association for Psychoanalysis in Clinical Social Work.

## REGISTRATION

Registration Deadline: Friday January 25, 2013

### Registration Fee:

\$90 General

\$45 Full-time Students and Active Military

(Please enclose official documentation of status with registration)

Morning coffee and pastry and a boxed lunch are included with advance registration.

### Two ways to register:

On-line at [CPRinc.DC.eventbrite.com](http://CPRinc.DC.eventbrite.com) **Or**

Mail registration and check to  
Consortium for Psychoanalytic Research, Inc.  
PO Box 40612 Palisades Station  
Washington, DC 20016-0612

**Refund and Cancellation Policy:** Cancellations must be made by 1 December 2012 to be eligible for a full refund. No refunds will be offered after that date. In the unlikely event the conference is canceled due to weather or extenuating circumstances, registrants will be notified and refunds issued.

As a courtesy, all registrants will be sent a Save-the-Date email as soon as registration opens for the 2014 conference, 2 February 2014. (CPRinc respects your privacy: no information will be shared or sold.)

## REGISTRATION FORM (Please duplicate for additional registrants)

Name: \_\_\_\_\_

Discipline/Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Fax: \_\_\_\_\_

How did you hear about the conference? \_\_\_\_\_

If this conference were located at the conference center at St. Elizabeths Hospital (1100 Alabama Avenue, SE, Washington, DC, 20032) in future years, would this affect your willingness to attend? (It, too, is Metro accessible.) \_\_\_\_\_

## ADDITIONAL INFORMATION

**Public Transportation:** Foggy Bottom-GWU Metro (Blue and Orange Lines)

**Parking:** Visitor parking is available for a fee at the university parking garages. Lots are on H Street, between 21st and 22nd, in the Marvin Center, and on I Street, between 21st and 22nd. Street parking is limited and usually metered.

**Questions?** Please contact us by phone at +202.338.1955 or email at [administrator@cprincdc.org](mailto:administrator@cprincdc.org) We are a volunteer organization, so thanks for your patience if we do not respond instantly. We are eager to hear from you and grateful for your interest.

