



The Consortium for Psychoanalytic Research, Inc.

Mentalization as a Multidimensional Concept: Implications for the Treatment of Patients with Trauma-Related Psychopathology

PATRICK LUYTEN, PH.D.

**Sunday, February 21, 2010
8:30 A.M. – 4:30 P.M.**

**SIBLEY HOSPITAL
Ernst Auditorium
5255 Loughboro Road, N.W.
Washington DC 20016**

17th Annual Conference

Jointly sponsored by
**Washington Professionals for the Study of
Psychoanalysis
American Academy of Psychoanalysis and
Dynamic Psychiatry**

The Program

Patrick Luyten, Ph.D., Catholic University of Leuven psychoanalytic researcher and clinician, will present a new research-based approach to the assessment and treatment of patients with trauma-related psychopathology. Dr. Luyten applies emergent research findings on mentalization (the metacognitive ability to reflect upon internal processes) to a range of conditions - anxiety and eating disorders, antisocial and borderline pathology, and functional somatic complaints such as chronic fatigue and fibromyalgia.

Arguing for a multidimensional model of mentalization, Dr. Luyten illustrates a link between different diagnostic categories and different types of impairment in mentalization. He presents his research findings that support a developmental, biobehavioral model of the relationship between stress, individual differences in attachment, and mentalization. These issues and their importance for clinical practice will be illustrated by an interactive discussion in which participants will be invited to share views on the assessment and treatment of patients with functional somatic complaints.

In a lab session participants get first-hand experience with newly developed measures of different aspects of mentalization including the intergenerational transmission of functional somatic disorders. By conference end, participants will be able to critically review their former approaches to assessment and treatment of patients with trauma-related psychopathology and apply new insights to clinical practice.

Morning Session

- 8:30 A.M. Registration and Continental Breakfast
- 8:45 A.M. Welcome and Introduction by Dr. Perman
- 9:00 A.M. Quantitative Research Exercise
- 9:15 A.M. Mentalization: Implications for the Treatment of Patients with Trauma-Related Psychopathology
- 10:15 A.M. Break
- 10:30 A.M. Presentation of Dr. Luyten's Research Findings
- 12:00 to 1:00 P.M. Lunch

Afternoon Session

- 1:00 P.M. Interactive Discussion of Study Findings with Participants
- 2:00 P.M. Review of Research Exercise Findings with Participants
- 3:00 P.M. Panel Discussants/Interactive Discussion
- 4:15 P.M. Summary and Questions

Presenter

Patrick Luyten, PhD is Assistant Professor and Co-Director of the Psychoanalysis Unit at the Department of Psychology, Catholic University of Leuven (Belgium). His main research interest focuses on the role of personality, stress and interpersonal processes in depression, chronic fatigue syndrome and fibromyalgia. He is also involved in studies on mentalization-based treatment of patients with personality disorders. He is a Visiting Professor in the Department of Psychology, University College London, London (UK), a Visiting Research Scholar at the Yale Child Study Center, New Haven (USA), and a member of the Research Advisory Board, International Psychoanalytical Association, and a recent recipient of its Psychoanalytic Research Exceptional Contribution Award.

Program Objectives

At the conclusion of this presentation participants will be able to: (1) critically review attitudes and opinions on the assessment of patients with trauma-related psychopathology and patients with functional somatic complaints in particular and (2) translate these insights into their own clinical practices to improve treatment outcomes.

Continuing Education Credits

For Physicians: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Psychoanalysis and Dynamic Psychiatry and the Consortium for Psychoanalytic Research, Inc. The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this educational activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

For Psychologists: 6 hours of credit (Maryland, Category A) will be awarded by Washington Professionals for the Study of Psychoanalysis, approved by the Maryland Board of Examiners of Psychologists as a sponsor of continuing education.

For Social Workers: 6 hours of Category 1 credit will be awarded. Washington Professionals for the Study of Psychoanalysis has been approved by the Maryland Board of Social Work Examiners as a sponsor of accreditation of continuing education for social workers.

Information is on record indicating that participating faculty members have no significant financial relationships to disclose. Faculty members have indicated that they have no conflicts of interest.

Discussants

Melanie Starr Costello, Ph.D. is a licensed clinical psychologist and Jungian analyst in private practice in Washington, D.C. She is a graduate of the C.G. Jung Institute-Zurich and holds a doctorate in the History and Literature of Religions from Northwestern University. Dr. Costello has taught and published on the topics of psychology and religion, medieval spirituality, and clinical practice. Her book, *Imagination, Illness and Injury: Jungian Psychology and the Somatic Dimensions of Perception* was published in 2006 by Routledge Press.

Jill Savege Scharff, M.D. is Co-founder, International Psychotherapy Institute and Chair of the International Institute for Psychoanalytic Training; Clinical Professor of Psychiatry at Georgetown University; and Teaching Analyst at the Washington Center for Psychoanalysis. She is in private practice in psychoanalysis and psychotherapy with adults and children in Chevy Chase, MD. She is the author of *Projective and Introjective Identification and the Use of the Therapist's Self* (1992). With David E. Scharff she co-authored the primer (2005) and other books on object relations with individuals (1998), couples (1991), and families (1987), now translated in Russian, Korean, and Chinese.

Shoshana Ringel, M.S.W., Ph.D., is an Associate Professor and Co-Chair, Clinical Concentration, University of Maryland, School of Social Work. She is currently on the executive board of the Baltimore Society for Psychoanalytic Studies (BSPS) and is a member of the AAPCSW (American Association for Psychoanalytic Social Work) study group. Dr. Ringel is a co-author of *Attachment and Dynamic Practice* (2007), and of *Advanced Clinical Social Work: Relational Principles and Techniques* (2009). She is now working on her 3rd book, *Contemporary Directions in Trauma: Theory, Research and Practice*. Dr. Ringel is certified as a researcher on the Adult Attachment Interview (AAI).

Chairpersons

Gerald P. Perman, M.D. is a Clinical Professor in Psychiatry and the Behavioral Sciences at the George Washington University Medical Center.

Sheila Hafter Gray, M.D.* is a Teaching Analyst in the Baltimore-Washington Institute for Psychoanalysis and Adjunct Professor of Psychiatry in the Uniformed Services University of the Health Sciences.

Reporter

James H. Egan, M.D.*

*Disclaimer: The opinions or assertions expressed at this conference are the private views of the presenters and are not to be construed as official or as reflecting the views or policies of the Department of Defense or any of its affiliated institutions.

The Consortium

The Consortium for Psychoanalytic Research, Inc. is a District of Columbia not-for-profit corporation that represents thirteen Baltimore-Washington area organizations interested in building a bridge between clinicians and clinically relevant research. In recent years, there has been a burgeoning of research on psychoanalytic therapies that enhances understanding of the process and outcomes that characterize effective treatment. We have also seen the fruition of longitudinal studies of human emotional development that are informed by psychoanalytic concepts. The CPRinc sponsors yearly conferences to bring researchers and clinicians together to share data and ideas, with the aim of bridging the gap between the clinical and research communities.

Consortium Members

American Society of Psychoanalytic Physicians
Association for Psychoanalytic Thought
Baltimore-Washington Institute for Psychoanalysis
Greater Washington Society for Clinical Social Work
Institute for Contemporary Psychotherapy and Psychoanalysis
International Psychotherapy Institute
Jung Society of Washington
Jungian Analysts of Washington Association
New York Freudian Society
Washington Center for Psychoanalysis
Washington Professionals for the Study of Psychoanalysis
Washington Psychiatric Society
Washington School of Psychiatry

In cooperation with

The American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP)

Program Committee

Gerald P. Perman, M.D., Chair
Sheila Hafter Gray, M.D., Vice-chair
Sally Brandel, Ph.D.
Melanie Starr Costello, Ph.D.
Bonnie Eisenberg, Ph.D.
Fonya Helm, Ph.D.
Gordon Kirschner, M.D.
Nancy Meyer, M.S.W., L.I.C.S.W.
Erminia Scarcella, M.D.
Pavel Snejnevski, Ph.D.

Location

Ernst Auditorium Sibley Memorial Hospital

5255 Loughboro Road NW.
Washington, D.C. 20016



Public Transportation: Sibley Hospital is served by the D6 and M4 Metrobus routes. The D6 route connects with Metrorail at Stadium Armory, Union Station, Metro Center, Farragut Square and Dupont Circle in downtown Washington. The M4 connects with the Tenleytown Metro. Sibley is also served by the Number 23 Ride-On Bus which connects at the Friendship Heights Metro. For information about transit schedules, call Metro Information at (202) 637-7000 or Ride-On at (240) 777-7433.

Accessibility

Please contact us (telephone 202-338-1955) in advance of the conference if you need any special accommodations to allow you to participate fully.

Registration Form

(Please duplicate for additional registrants)
Onsite parking available for a fee.

Registration Fee:

\$68 general; \$38 full time students and active military, who must enclose official documentation of their status.

Continental breakfast and boxed lunch are included with advance registration.

Registration Deadline: February 7, 2010

Name _____

Discipline/Degree _____

Address _____

City/State/Zip _____

Telephone: _____

Email: _____

Fax: _____



Note: Please contact us in advance of the conference if you need any special accommodations to allow you to participate fully.

Checks Payable to: **CPR, Inc.**

Please send Registration Form and Check to:

Consortium for Psychoanalytic Research, Inc.
P.O. Box 40612
Palisades Station
Washington, D.C. 20016-0612