



**The Consortium for  
Psychoanalytic Research, Inc.**  
[www.CPRincDC.org](http://www.CPRincDC.org)

**Assessing Change in the  
Therapeutic Process:  
What Does Research Show?**

**Phil S. Lebovitz, M.D.**

**Sunday, February 27, 2011  
8:30 A.M. – 4:30 P.M.**

**Hospital Auditorium  
The George Washington University  
Hospital  
900 23rd Street, N.W.  
Washington DC 20037**

**18th Annual Conference**

Jointly sponsored by

**Jungian Analysts of Washington  
Association,**

**The Washington Professionals for the  
Study of Psychoanalysis,**

and

**The American Academy of Psychoanalysis  
and Dynamic Psychiatry**

## The Program

Phil Lebovitz, M.D., Chicago Institute for Psychoanalysis faculty member and IPA Research Programme Fellow, presents the findings of 30 years of research on psychoanalytic treatment by Institute clinicians. Dr. Lebovitz shows how the application of these findings can significantly improve the effectiveness of psychoanalytic and psychodynamic treatment.

Based on interviews of psychoanalytic patients two or more years following termination of treatment, the research presents a diagnostic framework based on an understanding of personality development. It shows how this developmental perspective helps clinicians realistically assess the dimensions of change for their patients. Clinicians are then able to measure what areas of personality have shown change and what areas have not been sufficiently engaged in the treatment process, resulting in less or no change.

At the conclusion of the conference participants will be able to draw on the concepts of defense transference, cycling of themes, and self-analytic function to review their previous approaches to psychoanalytic and psychodynamic therapy. They will be able to adapt these ideas to their own clinical interventions and will have enhanced their ability to assess change during and at the conclusion of treatment.

### Morning Session

- 8:30 A.M. Registration
- 8:45 A.M. Welcome and Introduction by Dr. Perman
- 9:00 A.M. Assessment of Change in Psychoanalytic Treatment: Follow Up Studies (I)
- 10:15 – 10:30 A.M. **Break**
- 10:30 A.M. – 12:00 P.M. Lab session: A Developmental View of Parameters of Change
- 12:00 - 1:00 P.M. **Box Lunch**

### Afternoon Session

- 1:00 P.M. Comparison with Wallerstein's "42 Lives in Treatment" and Interactive Discussion with Participants; Lab Findings (II)
- 2:30 P.M. Panel Discussants/Interactive Discussion with Participants
- 3:30 – 4:15 P.M. Summary, Questions and Evaluation

## Presenter

**Phil S. Lebovitz, MD** is a faculty member at the Chicago Institute for Psychoanalysis. He is a training and supervising analyst at the Chicago Institute and a Geographic Rule training and supervising analyst at the Wisconsin Psychoanalytic Institute in Milwaukee. He is also Associate Clinical Professor of Psychiatry and Behavioral Science at Rosalind Franklin University of Health Science/The Chicago Medical School. Dr. Lebovitz serves on the board of the Accreditation Council for Psychoanalytic Education (ACPE) and is Treasurer of ACPE. His work has focused on follow up studies of patients completing psychoanalysis in an effort to assess what changes and how. Constructing a method to do the same with patients treated with psychodynamic psychotherapy is a current challenge.

## Discussants

**Daniel L. Buccino, LCSW-C, BCD** is a clinical supervisor and student coordinator in the Adult Outpatient Community Psychiatry Program at the Johns Hopkins Bayview Medical Center. He is also a founder and director of the Baltimore Psychotherapy Institute. Mr. Buccino is an Assistant Professor in the Department of Psychiatry at the Johns Hopkins University School of Medicine and a Clinical Associate Professor at the Smith College and University of Maryland Schools for Social Work.

**James Kleiger, PsyD, ABPP** Dr. James Kleiger is Past President of the Baltimore-Washington Society for Psychoanalysis. Formerly the Director of Psychology Training at the Menninger Clinic in Topeka, KS, Dr. Kleiger is the author of *Disordered Thinking and the Rorschach* (The Analytic Press, 1999). He currently is in private practice in Bethesda, MD.

## Chairpersons

**Gerald P. Perman, MD** is Clinical Professor in Psychiatry and the Behavioral Sciences at the George Washington University Medical Center and is in full-time private practice in Washington, D.C.

**Sheila Hafter Gray, MD\*** is a Teaching Analyst in the Baltimore-Washington Institute for Psychoanalysis and Adjunct Professor of Psychiatry at the Uniformed Services University of the Health Sciences.

## Reporter

**Mariam C. Cohen, MD, PsyD\***

\* Disclaimer: The opinions or assertions expressed at this conference are the private views of the presenter and are not to be construed as official or as reflecting the views or policies of the Department of Defense or any of its affiliated institutions.

## Program Objectives

At the conclusion of the conference participants will be able to: 1. Diagnose emotional strengths and deficits that impact on change in psychotherapy; 2. Identify the clinical phenomenon of defense transference; and 3. Apply the concept of cycling in the treatment process to guide assessment of change in psychotherapy.

## Continuing Education Credits

**FOR PHYSICIANS:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Psychoanalysis and Dynamic Psychiatry and the Consortium for Psychoanalytic Research, Inc. The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only credits commensurate with the extent of their participation in the activity.

**FOR PSYCHOLOGISTS:** 6 CE credits will be awarded. The Jungian Analysts of Washington Association (JAWA) is approved by the American Psychological Association to sponsor continuing education for psychologists. JAWA maintains responsibility for this program and its content.

**FOR SOCIAL WORKERS:** 6 hours of Category 1 credit will be awarded. Washington Professionals for the Study of Psychoanalysis has been approved by the Maryland Board of Social Work Examiners as a sponsor of accreditation of continuing education for social workers.

**FINANCIAL DISCLOSURES:** All Faculty Members have returned Financial Disclosure Forms.

### Faculty Members with no disclosures:

S. Hafter Gray, MD; P. Lebovitz, MD;  
D. Buccino, LCSW-C; J. Kleiger, PsyD, ABPP

### Faculty Members making disclosures:

None  
All members of the Planning Committee for this course, listed below, have signed Financial Disclosure Forms indicating no disclosures:

G. Perman, MD; S. Hafter Gray, MD;  
S. Brandel, PhD; M. Starr Costello, PhD;  
B. Eisenberg, PhD; G. Kirschner, MD;  
D. Marks, MSW, LCSW-C;  
N. Meyer, MSW, LICSW; E. Scarcella, MD.

## The Consortium

The Consortium for Psychoanalytic Research, Inc. is a District of Columbia not-for-profit corporation that represents thirteen Baltimore-Washington area organizations interested in building a bridge between clinicians and clinically relevant research. In recent years, there has been a burgeoning of research on psychoanalytic therapies that enhances understanding of the process and outcomes that characterize effective treatment. We have also seen the fruition of longitudinal studies of human emotional development that are informed by psychoanalytic concepts. The CPRinc sponsors yearly conferences to bring researchers and clinicians together to share data and ideas, with the aim of bridging the gap between the clinical and research communities.

## Consortium Members

American Society of Psychoanalytic Physicians

Association for Psychoanalytic Thought

Baltimore-Washington Institute for Psychoanalysis

Greater Washington Society for Clinical Social Work

Institute for Contemporary Psychotherapy and Psychoanalysis

International Psychotherapy Institute

Jung Society of Washington

Jungian Analysts of Washington Association

Washington Center for Psychoanalysis

Washington Professionals for the Study of Psychoanalysis

Washington Psychiatric Society

Washington School of Psychiatry

### In cooperation with

American Academy of Psychoanalysis and Dynamic Psychiatry

## Program Committee

Gerald P. Perman, M.D., Chair

Sheila Hafter Gray, M.D., Vice-chair

Sarah Brandel, Ph.D.

Melanie Starr Costello, Ph.D.

Bonnie Eisenberg, Ph.D.

Gordon Kirschner, M.D.

Deborah S. Marks, M.S.W., L.C.S.W.-C.

Nancy Meyer, M.S.W., L.I.C.S.W.

Erminia Scarcella, M.D.

## Location

### Hospital Auditorium The George Washington University Hospital

900 23rd Street, N.W.  
Washington, D.C. 20037



**Public Transportation:** Foggy Bottom Metro

**Parking:** available for a fee in the GW University garage.

The entrance is on 22nd Street between H and I Streets, N.W. Street parking is limited and metered.

- Weekend Daily Maximum  
\$10.00

## Accessibility

Please contact us (telephone 202-338-1955) in advance of the conference if you need any special accommodations to allow you to participate fully.

## Registration Form

*(Please duplicate for additional registrants)*

**Onsite parking available for a fee.**

### Registration Fee:

\$75 general; \$40 full time students and active military, must enclose official documentation of their status with their registration.

Morning coffee and Danish and boxed lunch is included with advance registration.

**Registration Deadline: February 14, 2010**

**Name** \_\_\_\_\_

**Discipline/Degree** \_\_\_\_\_

**Address** \_\_\_\_\_

**City/State/Zip** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Fax:** \_\_\_\_\_



### There are two ways to register:

**1. Go online to <http://CPRincDC.eventbrite.com/> or**

**2. Send Registration Form and Check to:**  
Consortium for Psychoanalytic Research, Inc.  
P.O. Box 40612  
Palisades Station  
Washington, D.C. 20016-0612

