

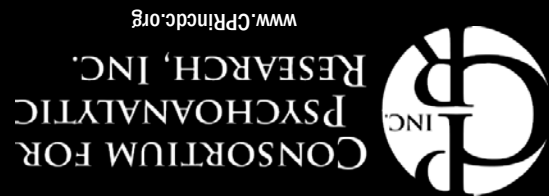
The George Washington University Hospital • Hospital Auditorium
900 23rd Street, NW (23rd and I Streets, NW) • Washington, D.C.

Sunday February 5, 2012 | 8:15 AM - 4:30 PM

Dr. J. Christopher Fowler
Associate Director of Clinical Research at the Menninger Clinic
Baylor College of Medicine, Houston

Blind Men, Elephants and Psychotherapy Effectiveness: Skewed Views of Treatment Realities + How to Fix Them

19th Annual Conference
Hosted by The George Washington University Medical Center
Department of Psychiatry and the Behavioral Sciences



The Consortium for Psychoanalytic Research Inc.
P.O. Box 40612 Palisades Station
Washington, D.C. 20016-0612

POSTAGE

ADDRESS



19th Annual Conference

Sunday February 5, 2012 | 8:15 AM - 4:30 PM

{fold}

{fold}

ABSTRACT

Dr. J. Christopher Fowler, Associate Director of Clinical Research at the Menninger Clinic, Baylor College of Medicine, Houston, will present relevant clinical research on treatment-resistant psychiatric disorders. He will introduce some instruments that clinicians may use to assess patients who present with severe and persistent mental disorders, including a Global Measure of Psychiatric Severity. Fowler will also spell out the benefits of the Practice Research Network approach in mental health research that is particularly useful for clinicians in private practice.

The research community tends to view treatment resistance as a function of a single psychiatric disorder, but this view does not comport with the experience of clinicians. Many individuals do not get well despite best efforts, usually because of co-occurring disorders or rigid adaptive styles.

This daylong conference will address gaps in our understanding of the crosscutting dimensions of "severity" and "dysfunction" to test whether these phenomena may be clinically relevant behavioral markers for treatment resistance.

Prior to the conference, attendees will anonymously rate two of their own cases on scales provided in advance of the conference, including the evidence-based Defensive Functioning Scale. During the morning presentations, psychology trainees will analyze the data. The afternoon session will include an interactive discussion of the results of the research exercise that will allow participants to self-assess their approach to patients. Thereafter, two clinician-researchers will moderate the summary discussion to amplify and wrap up the day's work.

PRESENTER

J. Christopher Fowler, PhD, has written and co-authored over 50 articles and book chapters on personality assessment, suicide risk, and long-term psychoanalytically oriented residential treatment for severely disturbed patients, psychotherapy outcome studies and psychodynamic interviewing. He is a co-investigator on The Menninger Clinic's systematic study of Complex Psychiatric Disorders.

Target Audience: Those interested in learning about recent developments and doing research into clinical application of psychodynamic approaches: a) psychiatrists, psychoanalysts, child and adolescent psychiatrists, other physicians, residents and fellows. b) psychologists, interns and students of psychology. c) social workers, students of social work. d) allied professionals and students.

PROGRAM OBJECTIVES

At the conclusion of the conference, the participant should be able to:

1. Integrate evidence-based elements into his/her clinical practice.
2. Conduct efficient clinical assessment of psychiatric severity to improve treatment planning and monitoring of progress and outcomes.
3. Cooperate with colleagues to contribute to the evidence base for psychodynamic treatments.

AGENDA

Morning Session

8:15 AM

Registration: Coffee and Pastry

8:45 AM

Welcome and Introduction of Speaker, J. Christopher Fowler, PhD (Gallagher)

9:00 AM

Orientation to the Study Instruments (Fowler and Hafter Gray)

9:30 AM

First Keynote Presentation: Grasping the Complexity of the Co-Morbidity Puzzle and Searching for Underlying Mechanisms to Guide our Interventions (Fowler)

10:45 - 11:00 AM

Break

11:00 AM

Second Keynote Presentation: It Takes a Village to Serve our Patients:

Integrating Practice Research Networks to Advance Research and Treatment (Fowler)

12:15 - 1:15 PM

Box Lunch

Afternoon Session

1:15 PM

Introduction to Interactive Discussion of Morning Presentations (Gibbons)

2:15 PM

Findings of Research Exercise (Hafter Gray)

2:45 PM

Interactive Discussion of Research Experience (Fowler and discussants)

3:30 PM

Summary and Evaluation (Fowler)

4:15 PM

Conclusion (Gallagher)

4:30 PM

Adjournment

DISCUSSANTS

Susan B. R. Gibbons, LCSW-C is a psychotherapist in private practice in the Annapolis area with over 30 years of clinical experience. She has been active in psychodynamically informed psychotherapy research, working on her doctorate for Smith College School for Social Work. She is an affiliate member of the Baltimore Washington Center for Psychoanalysis and a member of the Society for Social Work Research (SSWR).

Sheila Hafter Gray, MD* is a Teaching Analyst in the Baltimore Washington Institute for Psychoanalysis and Adjunct Professor of Psychiatry at the Uniformed Services University of the Health Sciences. She is a Trustee of the CPR, Inc.

*Disclaimer: The opinions or assertions expressed at this conference are the private views of the presenter and are not to be construed as official or as reflecting the views or policies of the Department of Defense or any of its affiliated institutions.

CHAIRPERSONS

Bonnie Gallagher, LICSW is the current President of the CPR, Inc. and also of the Association for Psychoanalytic Thought, an affiliate program of the Baltimore Washington Center for Psychoanalysis. She is in private practice in Washington, D.C. Additionally, she provides psychotherapy to patients with dementia and is a consultant to a community mental health project to train clinical supervisors who work with children and adolescents.

PROGRAM COMMITTEE

Bonnie Gallagher, MSW, LICSW, Chair

Kathryn Cook-Deegan, MA, MPA, Diplomate

Bonnie Eisenberg, PhD

Sheila Hafter Gray, MD

Gordon Kirschner, MD

Deborah S. Marks, MSW, LCSW-C

Linda Smoling Moore, PhD

Gerald P. Perman, MD, Reporter

Erminia Scarcella, MD

THE CONSORTIUM

The Consortium for Psychoanalytic Research, Inc. is a District of Columbia not-for-profit corporation that represents twelve Baltimore-Washington area organizations interested in building a bridge between clinicians and clinically relevant research. In recent years, there has been a burgeoning of research on psychoanalytic therapies that enhance understanding of the process and outcomes that characterize effective treatment. We have also seen the fruition of longitudinal studies of human emotional development that are informed by psychoanalytic concepts. The CPR, Inc. sponsors yearly conferences to bring researchers and clinicians together to share data and ideas, with the aim of bridging the gap between the clinical and research communities.

CONSORTIUM MEMBERS

American Society of Psychoanalytic Physicians

Association for Psychoanalytic Thought

Baltimore-Washington Institute for Psychoanalysis

Greater Washington Society for Clinical Social Work

Institute for Contemporary Psychotherapy and Psychoanalysis

International Psychotherapy Institute

Jung Society of Washington

Jungian Analysts of Washington Association

Washington Center for Psychoanalysis

Washington Professionals for the Study of Psychoanalysis

Washington Psychiatric Society

Washington School of Psychiatry

In cooperation with:

American Academy of Psychoanalysis and Dynamic Psychiatry

FINANCIAL DISCLOSURES

All Faculty Members have returned Financial Disclosure Forms.

Faculty Members with no disclosures:

J. Christopher Fowler, PhD.; Bonnie Gallagher, MSW, LICSW;
Susan B. R. Gibbons, LCSW-C; Sheila Hafter Gray, MD

Faculty Members making disclosures: None

All members of the Program Committee for this course, listed below, have signed Financial Disclosure Forms indicating no disclosures:

K. Cook-Deegan, MA, MPA, Diplomate; B. Eisenberg, PhD;
S. Hafter Gray, MD; B. Eisenberg, PhD; B. Gallagher, MSW, LICSW;
G. Kirschner, MD; D. Marks, MSW, LCSW-C; L.S. Moore, PhD;
G.P. Perman, MD; E. Scarcella, MD

CONTINUING EDUCATION CREDITS

For Physicians: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Psychoanalysis and Dynamic Psychiatry and the Consortium for Psychoanalytic Research, Inc. The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only credits commensurate with the extent of their participation in the activity.

For Psychologists: 6 CE credits will be awarded. The Jungian Analysts of Washington Association (JAWA) is approved by the American Psychological Association to sponsor continuing education for psychologists. JAWA maintains responsibility for this program and its content.

For Social Workers: 6 hours of Category 1 credit will be awarded by the Greater Washington Society for Clinical Social Work.

REGISTRATION

Registration Deadline: January 25, 2012

Registration Fee:

\$75 General

\$40 Full-time Students and Active Military

(Enclose official documentation of status with registration)

Morning coffee with pastry and a boxed lunch included with advance registration.

There are two ways to register:

1. Go online to <http://CPRincDC.eventbrite.com> or

2. Send Registration Form and Check to:

Consortium for Psychoanalytic Research, Inc.

P.O. Box 40612 Palisades Station

Washington, D.C. 20016-0612

As a courtesy, all registrants will be sent a Save-the-Date email as soon as registration opens for the 2013 conference, February 3, 2013. (CPR respects your privacy: no information will be shared or sold.)

REGISTRATION FORM (Please duplicate for additional registrants)

Name _____

Discipline/Degree _____

Address _____

City/State/Zip _____

Telephone: _____

Email: _____

FAX: _____

How did you hear about the conference? _____

ADDITIONAL INFORMATION

Public Transportation: Foggy Bottom-GWU Metro (Blue and Orange Lines)

Parking: At the University parking garages, visitor parking is available for a fee. Lots are on H, between 21st and 22nd in the Marvin Center and on I Street, between 21st and 22nd. Street parking is limited and, generally, metered.